



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Hofer, Bernadette

Total time: 1:27:43

Number: 91

Course: 25.75 km

Rank in course/Total: 268 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 42 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 5(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:15:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:09	2.12	8	3:56	54	7:35	0.50	14:09	2.12	5	3:10	62	4:33
Wechsel Schwim	0.20	3:04	3.91	6	0:45	42	1:37	0.70	17:13	2.44	5	3:50	62	5:30
Schwimmen Total	0.70	17:13	2.44	5	3:50	62	5:30	0.70	17:13	2.44	5	3:50	62	5:30
Rad	20.00	42:28	28.26	5	3:45	45	10:10	20.70	59:41	20.81	5	7:35	62	9:16
Wechsel Rad-Lauf	0.05	1:08	2.65	3	0:09	35	0:35	20.75	1:00:49	20.47	5	7:28	62	9:18
Rad Total	20.05	43:36	27.59	4	3:38	42	10:45	20.75	1:00:49	20.47	5	7:28	62	9:18
Lauf	5.00	26:54	11.15	5	4:24	35	7:13	25.75	1:27:43	17.61	5	11:52	43	26:20