



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Rechner, Birgit

Total time: 1:27:48

Number: 94

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 269 (of 322)

Rank in course/Women: 43 (of 62)

Best time in course: 1:01:23

Category:

Seniorinnen 2 TW 45-49)

Rank in category: 10(of 12)

Best time in the category: 1:13:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:35	2.59	9	1:59	34	5:01	0.50	11:35	2.59	3	0:10	62	1:59
Wechsel Schwim	0.20	3:26	3.50	10	1:33	48	1:59	0.70	15:01	2.80	8	1:14	62	3:18
Schwimmen Total	0.70	15:01	2.80	8	1:14	62	3:18	0.70	15:01	2.80	8	1:14	62	3:18
Rad	20.00	39:50	30.13	11	4:20	35	7:32	20.70	54:51	22.64	8	4:50	62	4:26
Wechsel Rad-Lauf	0.05	0:56	3.21	4	0:20	15	0:23	20.75	55:47	22.32	8	4:46	62	4:16
Rad Total	20.05	40:46	29.51	10	4:21	30	7:55	20.75	55:47	22.32	8	4:46	62	4:16
Lauf	5.00	32:01	9.37	11	9:37	58	12:20	25.75	1:27:48	17.60	10	14:23	44	26:25