



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Jürgens, Boris

Club: Ginnheimer LT

Number: 97

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

männl. AK 4 (TM 35-39)

Total time: 1:07:49

Rank in course/Total: 44 (of 322)

Rank in course/Men: 42 (of 260)

Best time in course: 58:22

Rank in category: 6(of 26)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:31	3.15	5	1:18	46	2:47	0.50	9:31	3.15	27	0:21	259	0:25
Wechsel Schwim	0.20	2:35	4.65	17	0:55	128	1:09	0.70	12:06	3.47	27	0:59	259	1:15
Schwimmen Total	0.70	12:06	3.47	27	0:59	259	1:15	0.70	12:06	3.47	27	0:59	259	1:15
Rad	20.00	33:55	35.38	4	2:50	41	3:10	20.70	46:01	26.99	27	2:43	259	4:08
Wechsel Rad-Lauf	0.05	0:57	3.16	13	0:17	104	0:54	20.75	46:58	26.51	27	2:49	256	4:14
Rad Total	20.05	34:52	34.50	4	3:02	42	3:15	20.75	46:58	26.51	27	2:49	256	4:14
Lauf	5.00	20:51	14.39	8	3:07	52	5:19	25.75	1:07:49	22.78	6	7:48	43	9:27