



10. Lorscher Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Keinert, Gabriele

Total time: 1:28:08

Club: DJK Käfertal-Waldhof

Number: 71

Course: 25.75 km

Rank in course/Total: 272 (of 322)

Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Women: 44 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 1(of 3)

Seniorinnen 4 (TW 55-59)

Best time in the category: 1:28:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	15:19	1.96	3	1:50	60	8:45	0.50	15:19	1.96	1	-	62	5:43
Wechsel Schwim	0.20	3:30	3.43	2	0:03	51	2:03	0.70	18:49	2.23	1	-	62	7:06
Schwimmen Total	0.70	18:49	2.23	1	-	62	7:06	0.70	18:49	2.23	1	-	62	7:06
Rad	20.00	43:00	27.91	1	-	46	10:42	20.70	1:01:49	20.09	1	-	62	11:24
Wechsel Rad-Lauf	0.05	0:59	3.05	1	-	20	0:26	20.75	1:02:48	19.82	1	-	62	11:17
Rad Total	20.05	43:59	27.35	1	-	46	11:08	20.75	1:02:48	19.82	1	-	62	11:17
Lauf	5.00	25:20	11.84	1	-	25	5:39	25.75	1:28:08	17.53	1	-	45	26:45