



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Brand, Peter

Total time: 1:10:46

Number: 139

Course: 25.75 km

Rank in course/Total: 77 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 72 (of 260)

Best time in course: 58:22

Category:

Rank in category: 19(of 53)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:03	3.73	2	0:15	7	1:19	0.50	8:03	3.73	54		259	
Wechsel Schwim	0.20	3:00	4.00	37	1:27	174	1:34	0.70	11:03	3.80	54		259	0:12
Schwimmen Total	0.70	11:03	3.80	54		259	0:12	0.70	11:03	3.80	54		259	0:12
Rad	20.00	35:16	34.03	22	4:31	84	4:31	20.70	46:19	26.82	54	0:35	259	4:26
Wechsel Rad-Lau	0.05	2:16	1.32	53	1:50	253	2:13	20.75	48:35	25.63	54	2:02	256	5:51
Rad Total	20.05	37:32	32.05	29	5:55	117	5:55	20.75	48:35	25.63	54	2:02	256	5:51
Lauf	5.00	22:11	13.52	25	5:50	91	6:39	25.75	1:10:46	21.83	19	10:06	74	12:24