



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schneewind, Volker

Total time: 1:09:08

Number: 45

Course: 25.75 km

Rank in course/Total: 58 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 54 (of 260)

Best time in course: 58:22

Category:

Rank in category: 2(of 20)

Senioren 4 (TM 55-59)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:18	2.65	9	3:18	149	4:34	0.50	11:18	2.65	21		9	2:12
Wechsel Schwim	0.20	2:00	6.00	3	0:17	60	0:34	0.70	13:18	3.16	21		9	2:27
Schwimmen Total	0.70	13:18	3.16	21		9	2:27	0.70	13:18	3.16	21		9	2:27
Rad	20.00	34:01	35.28	1	-	42	3:16	20.70	47:19	26.25	21		9	5:26
Wechsel Rad-Lau	0.05	0:58	3.10	7	0:14	109	0:55	20.75	48:17	25.79	20		9	5:33
Rad Total	20.05	34:59	34.39	1	-	45	3:22	20.75	48:17	25.79	20		9	5:33
Lauf	5.00	20:51	14.39	3	1:03	52	5:19	25.75	1:09:08	22.35	2	2:08	55	10:46