



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Gumz, Beate

Total time: 1:32:31

Number: 95

Course: 25.75 km

Rank in course/Total: 295 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 53 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 3(of 6)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:18:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:11	0.00	5	3:25	55	7:37	0.50	14:11	0.00	3	3:25	62	4:35
Wechsel Schwim	0.20	3:15	0.00	4	1:13	44	1:48	0.70	17:26	0.00	3	4:06	62	5:43
Schwimmen Total	0.70	17:26	0.00	3	4:06	62	5:43	0.70	17:26	0.00	3	4:06	62	5:43
Rad	20.00	45:38	26.30	3	7:43	54	13:20	20.70	1:03:04	19.03	3	11:49	62	12:39
Wechsel Rad-Lauf	0.05	1:27	0.00	4	0:29	50	0:54	20.75	1:04:31	18.60	3	12:18	62	13:00
Rad Total	20.05	47:05	25.49	3	8:12	54	14:14	20.75	1:04:31	18.60	3	12:18	62	13:00
Lauf	5.00	28:00	10.71	3	2:12	46	8:19	25.75	1:32:31	16.21	3	14:30	54	31:08