



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Brodh cker, Ursula

Total time: 1:33:00

Club: LLG Wonnegau

Number: 62

Course: 25.75 km

Rank in course/Total: 296 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 54 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 8(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:15:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:05	2.13	7	3:52	53	7:31	0.50	14:05	2.13	7	3:06	62	4:29
Wechsel Schwim	0.20	3:49	3.14	8	1:30	54	2:22	0.70	17:54	2.35	7	4:31	62	6:11
Schwimmen Total	0.70	17:54	2.35	7	4:31	62	6:11	0.70	17:54	2.35	7	4:31	62	6:11
Rad	20.00	46:29	25.82	9	7:46	55	14:11	20.70	1:04:23	19.29	7	12:17	62	13:58
Wechsel Rad-Lauf	0.05	1:13	2.47	4	0:14	38	0:40	20.75	1:05:36	18.98	7	12:15	62	14:05
Rad Total	20.05	47:42	25.22	9	7:44	55	14:51	20.75	1:05:36	18.98	7	12:15	62	14:05
Lauf	5.00	27:24	10.95	7	4:54	41	7:43	25.75	1:33:00	16.61	8	17:09	55	31:37