



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Beck, Guido

Club: FunBall Dortelweil
Number: 710

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 49:00

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 58 (of 146)

Rank in course/Men: 55 (of 111)

Best time in course: 35:06

Rank in category: 6(of 15)

Best time in the category: 40:30