



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Kiefer, Kerstin

Club: Familie K
Number: 768

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 49:56

Speed: 12.02 km/h
Running performance: 4:59 min/km

Rank in course/Total: 66 (of 146)

Rank in course/Women: 5 (of 35)

Best time in course: 42:20

Rank in category: 2(of 4)

Best time in the category: 42:58