



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Gabriel, Olaf

Number: 800

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:21

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 78 (of 146)

Rank in course/Men: 71 (of 111)

Best time in course: 35:06

Rank in category: 15(of 22)

Best time in the category: 41:53