



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Lipinski, Ursula

Club: Zürich Frankfurt
Number: 772

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 51:59

Speed: 11.54 km/h
Running performance: 5:12 min/km

Rank in course/Total: 80 (of 146)

Rank in course/Women: 8 (of 35)

Best time in course: 42:20

Rank in category: 1(of 2)

Best time in the category: 51:59