



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Göhns, Verena

Club: Frankfurt
Number: 759

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 52:10

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course/Total: 82 (of 146)

Rank in course/Women: 9 (of 35)

Best time in course: 42:20

Rank in category: 1(of 8)

Best time in the category: 52:10