



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Stette, Michael

Club: TSV Bonames  
Number: 817

Course: 10.00 km  
10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:48

Speed: 11.36 km/h

Running performance: 5:17 min/km

Rank in course/Total: 83 (of 146)

Rank in course/Men: 74 (of 111)

Best time in course: 35:06

Rank in category: 16(of 22)

Best time in the category: 41:53