



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Böhm, Markus

Club: Gelnhausen
Number: 693

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 53:45

Speed: 11.16 km/h
Running performance: 5:23 min/km

Rank in course/Total: 86 (of 146)

Rank in course/Men: 76 (of 111)

Best time in course: 35:06

Rank in category: 9(of 10)

Best time in the category: 39:15