



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Hailemichael, Maedot Desta

Club: Karben  
Number: 697

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 53:53

Speed: 11.14 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 90 (of 146)

Rank in course/Men: 79 (of 111)

Best time in course: 35:06

Rank in category: 10(of 10)

Best time in the category: 39:15