



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Klomann, Armin

Club: Seedammbad Bad Homburg
Number: 722

Course: 10.00 km
10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 55:35

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 97 (of 146)

Rank in course/Men: 83 (of 111)

Best time in course: 35:06

Rank in category: 19(of 22)

Best time in the category: 41:53