



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

**Bolte, Simone**

Club: Frankfurt  
Number: 761

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 55:55

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 99 (of 146)  
Rank in course/Women: 15 (of 35)  
Best time in course: 42:20

Rank in category: 4(of 7)  
Best time in the category: 43:08