



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Herbert, Michael

Club: Niederdorfelden  
Number: 736

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 56:07

Speed: 10.69 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 101 (of 146)

Rank in course/Men: 85 (of 111)

Best time in course: 35:06

Rank in category: 9(of 14)

Best time in the category: 36:06