



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Geyer-Vogel, Heike

Club: Frankfurt
Number: 769

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:09

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 102 (of 146)

Rank in course/Women: 17 (of 35)

Best time in course: 42:20

Rank in category: 3(of 4)

Best time in the category: 42:58