



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Jakob, Tatjana

Club: Karben
Number: 763

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:34

Speed: 10.61 km/h
Running performance: 5:40 min/km

Rank in course/Total: 105 (of 146)

Rank in course/Women: 18 (of 35)

Best time in course: 42:20

Rank in category: 5(of 7)

Best time in the category: 43:08