



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Koth, Detlev

Club: RunFun-Team
Number: 779

Course: 10.00 km
10 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 56:39

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 107 (of 146)

Rank in course/Men: 89 (of 111)

Best time in course: 35:06

Rank in category: 2(of 3)

Best time in the category: 56:23