



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Wu, Hung Chzh

Club: Oberursel

Number: 789

Course: 10.00 km

10 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:53

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 109 (of 146)

Rank in course/Men: 91 (of 111)

Best time in course: 35:06

Rank in category: 11(of 15)

Best time in the category: 40:30