



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Gerke, Kirsten

Club: Niederdorfelden  
Number: 793

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 57:22

Speed: 10.46 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 110 (of 146)

Rank in course/Women: 19 (of 35)

Best time in course: 42:20

Rank in category: 4(of 8)

Best time in the category: 52:10