



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Messer, Melanie

Club: TSG Wehrheim  
Number: 804

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 58:06

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 116 (of 146)

Rank in course/Women: 22 (of 35)

Best time in course: 42:20

Rank in category: 7(of 8)

Best time in the category: 52:10