



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Henkel, Jana

Club: ASV Rauschenbrg  
Number: 1102

Course: 5.30 km  
Jedermannlauf

Category:  
Frauen

Total time: 29:29

Speed: 10.18 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 17 (of 44)

Rank in course/Women: 2 (of 20)

Best time in course: 29:14

Rank in category: 2(of 20)

Best time in the category: 29:14