



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Roschke, Udo

Club: TSG Oberursel
Number: 818

Course: 10.00 km
10 km - Lauf

Category:

Senioren M75 (75 und älter)

Total time: 59:56

Speed: 10.01 km/h

Running performance: 5:59 min/km

Rank in course/Total: 126 (of 146)

Rank in course/Men: 100 (of 111)

Best time in course: 35:06

Rank in category: 1(of 1)

Best time in the category: 59:56