



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Schöneck, Ralf

Club: Schöneck

Number: 731

Course: 10.00 km

10 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:10:08

Speed: 8.56 km/h

Running performance: 7:01 min/km

Rank in course/Total: 135 (of 146)

Rank in course/Men: 107 (of 111)

Best time in course: 35:06

Rank in category: 13(of 14)

Best time in the category: 36:06