



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Lissmats, Agneta

Club: Bad Homburg

Number: 774

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:10:33

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 136 (of 146)

Rank in course/Women: 29 (of 35)

Best time in course: 42:20

Rank in category: 2(of 2)

Best time in the category: 51:59