



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Kunst, Sibylle

Club: Frankfurt  
Number: 766

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:38

Speed: 8.49 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 137 (of 146)

Rank in course/Women: 30 (of 35)

Best time in course: 42:20

Rank in category: 4(of 5)

Best time in the category: 54:32