



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Deckenbach, Ralf

Club: LT Hanau-Bruchköbel  
Number: 330

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:22:17

Speed: 15.31 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 3 (of 156)

Rank in course/Men: 3 (of 124)

Best time in course: 1:19:21

Rank in category: 1(of 14)

Best time in the category: 1:22:17