



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Tessaro, Christiane

Club: TSG Altenhain

Number: 844

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:12:57

Speed: 8.22 km/h

Running performance: 7:18 min/km

Rank in course/Total: 139 (of 146)

Rank in course/Women: 31 (of 35)

Best time in course: 42:20

Rank in category: 4(of 4)

Best time in the category: 42:58