



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Krause, Bernd

Club: TSG Altenhain
Number: 845

Course: 10.00 km
10 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:12:57

Speed: 8.22 km/h
Running performance: 7:18 min/km

Rank in course/Total: 141 (of 146)

Rank in course/Men: 108 (of 111)

Best time in course: 35:06

Rank in category: 14(of 14)

Best time in the category: 36:06