



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Horn, Martina

Club: Bad Homburg
Number: 816

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:40

Speed: 7.93 km/h
Running performance: 7:34 min/km

Rank in course/Total: 143 (of 146)

Rank in course/Women: 34 (of 35)

Best time in course: 42:20

Rank in category: 5(of 5)

Best time in the category: 54:32