



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Zamfirescu, Ina

Club: Friedrichsdorf
Number: 808

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:15:44

Speed: 7.92 km/h
Running performance: 7:34 min/km

Rank in course/Total: 144 (of 146)

Rank in course/Women: 35 (of 35)

Best time in course: 42:20

Rank in category: 8(of 8)

Best time in the category: 52:10