



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Müller, Heike

Club: Friedrichsdorf
Number: 1091

Course: 5.30 km
Jedermannlauf

Category:
Frauen

Total time: 30:06

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 20 (of 44)
Rank in course/Women: 4 (of 20)
Best time in course: 29:14

Rank in category: 4(of 20)
Best time in the category: 29:14