



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Abesser, Martin

Club: BELC 89

Number: 326

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:29:47

Speed: 14.10 km/h

Running performance: 4:16 min/km

Rank in course/Total: 13 (of 156)

Rank in course/Men: 12 (of 124)

Best time in course: 1:19:21

Rank in category: 2(of 16)

Best time in the category: 1:26:37