



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Kutscher, Manfred Peter

Club: Health Miles

Number: 234

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:32:34

Speed: 13.68 km/h

Running performance: 4:23 min/km

Rank in course/Total: 20 (of 156)

Rank in course/Men: 19 (of 124)

Best time in course: 1:19:21

Rank in category: 3(of 28)

Best time in the category: 1:20:05