



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Mess, Kim

Club: TV Gladenbach
Number: 346

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:23

Speed: 13.21 km/h
Running performance: 4:31 min/km

Rank in course/Total: 27 (of 156)

Rank in course/Women: 3 (of 32)

Best time in course: 1:26:13

Rank in category: 2(of 6)

Best time in the category: 1:34:49