



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Heiskel, Uta-Viola

Club: LLC-Marathon Regensburg  
Number: 291

Course: 21.10 km  
Halbmarathon

Category:  
Frauen (20-29 Jahre)

Total time: 1:40:25

Speed: 12.55 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 44 (of 156)

Rank in course/Women: 5 (of 32)

Best time in course: 1:26:13

Rank in category: 2(of 8)

Best time in the category: 1:26:13