



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Meese, Andreas

Club: Friedrichsdorf
Number: 284

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:40:30

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 45 (of 156)

Rank in course/Men: 40 (of 124)

Best time in course: 1:19:21

Rank in category: 7(of 16)

Best time in the category: 1:26:37