



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Metzler, Thomas

Club: Schöneck

Number: 224

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:42:32

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 50 (of 156)

Rank in course/Men: 45 (of 124)

Best time in course: 1:19:21

Rank in category: 8(of 28)

Best time in the category: 1:20:05