



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Knopf, Detlev

Number: 313

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:43:33

Speed: 12.17 km/h

Running performance: 4:55 min/km

Rank in course/Total: 57 (of 156)

Rank in course/Men: 52 (of 124)

Best time in course: 1:19:21

Rank in category: 5(of 16)

Best time in the category: 1:26:44