



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Lintz, Hermann

Club: Niddatal  
Number: 306

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:47:42

Speed: 11.75 km/h  
Running performance: 5:06 min/km

Rank in course/Total: 71 (of 156)

Rank in course/Men: 66 (of 124)

Best time in course: 1:19:21

Rank in category: 8(of 16)

Best time in the category: 1:26:44