



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Jones, Ruth

Club: TSG Wehrheim
Number: 295

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:50:51

Speed: 11.42 km/h
Running performance: 5:15 min/km

Rank in course/Total: 83 (of 156)

Rank in course/Women: 7 (of 32)

Best time in course: 1:26:13

Rank in category: 2(of 5)

Best time in the category: 1:39:03