



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Lenz, Alexander

Club: Funball Dortelweil  
Number: 315

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:51:43

Speed: 11.28 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 90 (of 156)

Rank in course/Men: 82 (of 124)

Best time in course: 1:19:21

Rank in category: 9(of 15)

Best time in the category: 1:26:03