



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Zenker, Kristen

Club: FC Schalke 04
Number: 298

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:53:39

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 95 (of 156)

Rank in course/Men: 86 (of 124)

Best time in course: 1:19:21

Rank in category: 16(of 28)

Best time in the category: 1:20:05