



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Cost, Christina

Club: RSV Waldhohlhof e.V.
Number: 270

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:55:01

Speed: 10.95 km/h
Running performance: 5:27 min/km

Rank in course/Total: 100 (of 156)

Rank in course/Women: 10 (of 32)

Best time in course: 1:26:13

Rank in category: 2(of 5)

Best time in the category: 1:48:47