



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Jasper, Holger

Club: Ort: Friedberg  
Number: 226

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:55:47

Speed: 10.88 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 104 (of 156)

Rank in course/Men: 93 (of 124)

Best time in course: 1:19:21

Rank in category: 19(of 28)

Best time in the category: 1:20:05