



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Suwald, Natascha

Club: Frankfurt  
Number: 275

Course: 21.10 km  
Halbmarathon

Category:  
Frauen (20-29 Jahre)

Total time: 1:57:15

Speed: 10.80 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 111 (of 156)

Rank in course/Women: 15 (of 32)

Best time in course: 1:26:13

Rank in category: 5(of 8)

Best time in the category: 1:26:13